

# TCI - Module Two Implementation of the TCI System



# **TCI Theory of Change**

In order to implement, embed and sustain TCI, organisation's need to ensure that TCI concepts and strategies are within practice, as well as provide robust organisational support and accountability. The TCI system creates a consistent approach to crisis prevention and management within a nurturing, safe and predictable environment as it identifies roles and tasks as well as desired practice at all levels of the organisation.



# TCI Theory of Change

#### The Goal of TCI

To create safe, developmentally appropriate, nonconfrontational, trauma-sensitive environments that are supported at all levels of the organization

#### Supervisors:

Know and apply TCI concepts and strategies

Respond to staff's strengths and individual needs

Understand transfer of knowledge to practice

Coach staff in TCI strategies

Engage in reflective supervision

Use post crisis response strategies

#### Caregivers:

Know and apply TCI concepts and strategies

Recognize children's pain-based behavior

Respond to children's needs

Use relationships to help children regulate emotions and build on strengths

Use ICSPs to prevent, de-escalate, and manage crises

Engage in reflective practice

Include families and children in planning and day-to-day activities

#### Children:

Perceive adults as trustworthy and helpful

Experience success at managing emotions

Use adaptive coping strategies

Feel worthwhile and capable

#### **Child Outcomes:**

Trust and use adults to help regulate emotions

Demonstrate increased emotional regulation skills

Use adaptive behaviors in response to stressful events

Develop ability to learn through reflecting on experiences

### Organization

Conduct self-assessment – Train staff in TCI
Train and support supervisors – Support use of individual crisis support plans (ICSPs)
Monitor incidents – Create data-informed feedback loops
Include families and children in reviewing and evaluating policies

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Train and certify TCI trainers – Provide technical assistance

### **Organizational Outcomes**

Reduction of assaults, fighting, runaways, and restraints

Predictability and stability in the milieu

TCI System Theory of Change includes the pathways that lead to improved child outcomes and is displayed above.

Reading the Theory of Change graphic we focus on the child outcomes that we hope to reach through the implementation of the TCI system within Challenge Community Services.

1



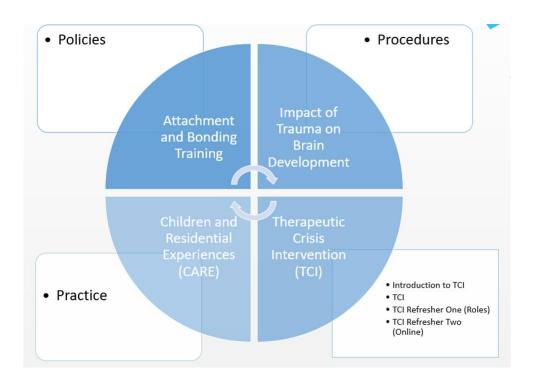
## **Effective TCI Implementation**

For TCI to be an effective crisis management system, the following six general domains need to be addressed:

- 1. Leadership and program support
- 2. Child and Family Inclusion
- 3. Clinical Participation
- 4. Supervision and post-crisis response
- 5. Training and competency standards
- 6. Documentation, incident monitoring and feedback



### **Challenge Foster Care Trauma Informed training Program**





Details of this topic are covered in the Therapeutic Crisis Intervention (TCI) Student Workbook 7<sup>th</sup> Edition. Refer to Module Five pages S61 – S70.