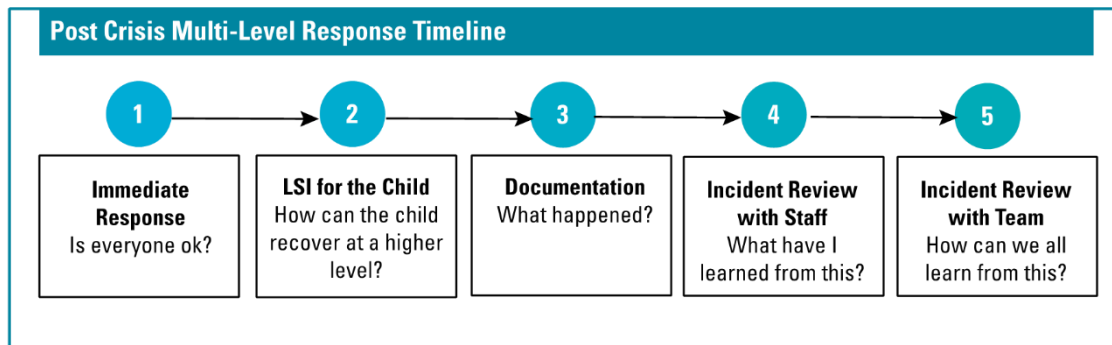


TCI – Module Twelve Life Space Interview



Post Crisis Response and the Life Space Interview



Effective Post Crisis Response

There are five stages of the TCI Post Crisis Multi Level Responses:

Stage One: The immediate goal at this stage in the post crisis response is to ensure that everyone involved is ok and if anyone needs medical attention.

Stage Two: The life space interview with the young person. The adult who helped the young person through the crisis conducts the LSI as close to the event as possible.

Stage Three: Documentation is crucial to understanding how the event unfolded, what intervention strategies were used, and what outcomes were produced.

Stage Four: Incident review with staff. The review will be conducted with staff. This is a supportive, forward looking and problem solving process.

Stage Five: Incident review with the team. Where appropriate the supervisor will facilitate a review of the crisis with the entire team so that everyone can contribute observations and be involved in problem solving and planning for similar situations in the future.

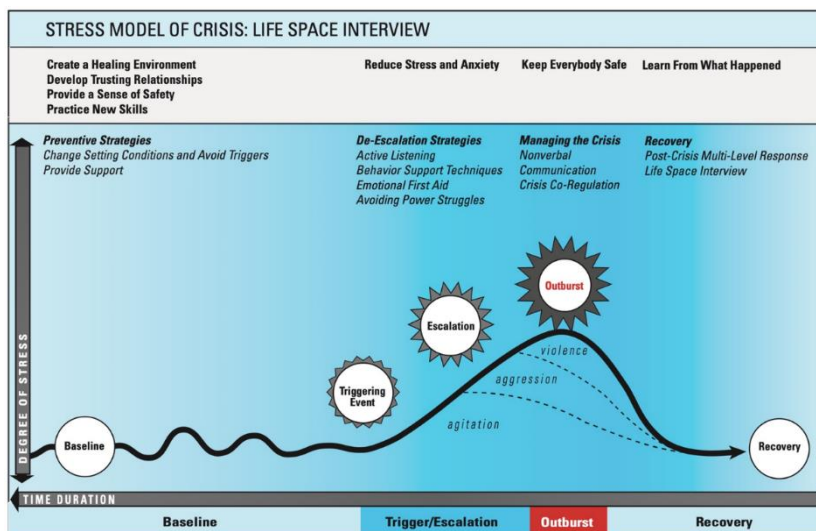


The Life Space Interview (LSI)

The LSI is essentially a conversation the adult has with the child or young person about what has happened, what triggered their response or behaviour and discuss ways they can respond in the future. It is a process that helps children make sense of what happened following a crisis.

Goals of the LSI are to:

1. Provide a sense of emotional safety
2. Help clarify the event for the young person and adult
3. Repair and restore the relationship with the adult
4. Help the young person learn and use emotional regulation skills
5. Re-enter the young person back into the routine



Who conducts the LSI

A trusted and safe adult who supported the child or young person through the crisis/event.



Steps to the LSI

There are seven steps to the LSI:

- I** Identify a place and time to talk
- E** Explore the young person's point of view
- S** Summarise the feelings and content
- C** Connect trigger to feelings to behaviour
- A** Alternative responses to feelings discussed
- P** Plan developed/Practice new behaviour
- E** Enter the young person back into the routine



Details of this topic are covered in the Therapeutic Crisis Intervention (TCI) Student Workbook 7th Edition. Refer to Module Five pages S61 – S70.